



Alzheimer's Society

Together we are help & hope
for everyone living with dementia

At Alzheimer's Society we're working towards a world where dementia no longer devastates lives. We do this by giving help to those living with dementia today, and providing hope for the future by campaigning to make dementia the priority it should be and funding groundbreaking research.



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Dementia Support Cumbria

Supporting people living with dementia in Cumbria



Registered charity no. 296645. Alzheimer's Society operates in England, Wales and Northern Ireland.

Who We Are

Alzheimer's Society is the leading dementia charity, we support people affected by dementia to improve their lives and help to avoid crisis. We want everyone affected by dementia to know that you can turn to us for expert support, practical advice, and guidance for the future.

You can contact your local team of dementia advisers on:

T:01228 819299

E:cumbria@alzheimers.org.uk

Alzheimer's Society Dementia Support Line: 0333 150 3456

Singing for the Brain

Our Singing for the Brain sessions are designed around the principles of music therapy and singing. Face to face sessions are currently being held in the Barrow and Carlisle areas. An online session is also available to people who have a diagnosis of young-onset dementia.

Dementia Support Forum

Our online community where anyone affected by dementia can ask questions, share experiences, and receive support.

Volunteering

Volunteers are essential to help us to improve the lives of people affected by dementia. If you are interested in volunteering with Alzheimer's Society, please contact us to find out more.

Dementia Advice

Our dementia advisers provide diagnostic advice, emotional support and signposting to anyone affected by memory loss and dementia. This person-centred support can be provided face-to-face, over the telephone, via email or by written communication.

Are you worried about your memory or that of someone close to you?

Are you living with any type of dementia?

Do you care for someone with memory problems or who has received a dementia diagnosis?

Do you need information and advice on dementia related issues?

Dementia Advisers

Allerdale: Moira Errington
Barrow: Kerry Zaccarini
Carlisle: Judith Reay
Copeland: Benita French
Eden: Maria Day
South.Lakes: Elaine Ravenhall
Local Services Managers: Penny Giles and Gary Doig

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